





# October 2020

# K-8 Menu

October 2020							K-8 Menu						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							
		 		<b>1</b> <b>Cereal Kit</b> Grilled Cheese Green Beans Canned Fruit Milk	<b>2</b> <b>Mini Waffles</b> Fish Sticks w/Tarter Sauce Potato Smiles Roll w/Butter Pineapple Tidbits Milk	<b>3</b>							
<b>4</b>	<b>5</b> <b>Banana Bread Loaf</b> Hot Dog on Bun Baked Beans Fruit Milk	<b>6</b> <b>Pop Tart Kit</b> Bosco Sticks w/Marinara Cheesy Broccoli Fruit Milk	<b>7</b> <b>Muffin</b> Chicken Nuggets w/Dip Mashed Potatoes w/Gravy Fruit Milk	<b>8</b> <b>Cereal Bar Kit</b> Soft Shell Taco w/Cheese Fresh Vegetables w/Dip Fruit Milk	<b>9</b> <b>Mini Maple Pancakes</b> Pizza Seasoned Green Beans Fruit Milk	<b>10</b>							
<b>11</b>	<b>12</b> <b>Cinnamon Roll</b> Cheeseburger on Bun Green Beans Fruit Milk	<b>13</b> <b>Blueberry Muffin w/Cheese Stick</b> Pizza Seasoned Corn Fruit Milk	<b>14</b> <b>Pop Tart Kit</b> Chicken Twister Wrap Lettuce & Cheese Tostito Chips & Salsa Steamed Broccoli Fruit Milk	<b>15</b> <b>Breakfast Cereal Bar</b> Hot Dog on Bun Baked Chips Fresh Vegetables w/Dip Frit Cookie Milk	<b>16</b> <b>Cereal Kit</b> Grilled Cheese Sandwich Baked Chips Seasoned Carrots Fruit Milk	<b>17</b>							
<b>18</b>	<b>19</b> <b>Banana Bread Loaf</b> Chicken Nuggets w/Dip Carrot Coins Whole Grain Roll Fruit Milk	<b>20</b> <b>Mini Waffles</b> Cheeseburger on Bun Baked French Fries Fruit Milk	<b>21</b> <b>Cereal Kit</b> Spaghetti w/Meat Sauce Green Beans Garlic Breadstick Fruit Milk	<b>22</b> <b>No School</b> <b>Parent Teacher</b> <b>Conferences</b>	<b>23</b> <b>No School</b> <b>Fall Break</b>	<b>24</b>							
<b>25</b>	<b>26</b> <b>No School</b> <b>Fall Break</b>	<b>27</b> <b>Banana Muffin</b> Pizza Seasoned Corn Fruit Milk	<b>28</b> <b>Mini Pancakes</b> Sloppy Jo on Bun Seasoned Green Beans Fruit Milk	<b>29</b> <b>Cereal Kit</b> Chicken Patty on Bun Seasoned Carrot Coins Apple Wedges Milk	<b>30</b> <b>Pop Tart</b> Hamburger on Bun Ranch French Fries Fruit Milk	<b>31</b>							

Menu is subject to change

The USDA is an equal opportunity provider and employer.

For information on Virtual Student meal distribution visit [MishawakaSchools.com/freemeals](http://MishawakaSchools.com/freemeals)