



LOCAL RESOURCES

AIDS Assist

574-234-2870
www.aidsministries.org
HIV/AIDS/ STD prevention & testing; care coordination for persons with HIV Infection

Alcohol & Addictions Resource Center

574-234-6024
www.aarcinfo.org
Assessment, referral & education

Bureau of Developmental Disability Services

574-232-1412
<https://www.in.gov/fssa/ddrs/2639.htm>
Services for individuals with developmental disabilities

The Bowen Center

574-936-9646 ext. 3387
www.bowencenter.org
School-based life skills training

Catholic Charities

574-234-3111
www.ccfwsb.org
Services & programs to alleviate poverty, build financial security & a strong future, and heal the body, mind & spirit

Center for Hospice Bereavement Services

574-255-1064
www.cfhcare.org
Free individual, family, & group grief counseling services for children, teens, & adults

Dept. of Child Services

574-232-3042
www.in.gov/dcs
Protects children who are victims of abuse or neglect; administers child support & child protection

Family Justice Center

574-234-6900
www.fjcsjc.wordpress.com
Domestic Violence Help Center, Rape Crisis Center

Hannah's House

574-254-5309
www.maternityhomewithaheart.org
Pregnancy/parenting Support for single/homeless young women

HealthLinc Community Health

574-307-7673
www.healthlincchc.org
Medical, Dental & Behavioral Health Services

Indiana Health Centers

574-234-9033
www.indianahealthonline.org
Patient-centered medical, dental, and behavioral healthcare for all, regardless of ability to pay. 3 South Bend Locations.

InSource

574-234-7101
www.insource.org
Information & training to help assure effective education programs & services for individuals with disabilities

Indiana Tobacco Quit Line

1-800-784-8669 (QUIT NOW)
www.in.gov/quitline
Individual smoking/tobacco cessation counseling via phone or web.

LaCasa de Amistad

574-233-2120
www.lacasadeamistad.org
Educational, cultural, & advocacy services for the Latino/Hispanic community

Memorial Epworth Center

574-647-8400
www.beaconhealthsystem.org
Inpatient stabilization for ages 13 & up in crisis

The LGBTQ Center

574-234-1411
www.thelgbtqcenter.org
Center dedicated to promoting LGBTQ+ experiences and inclusivity, offers groups and support for LGBTQ+ adults and youth

Lutheran Social Services IN

260-426-3347
www.lssin.org
Case management for housing or financial crisis or parenting, family, and/or safety concerns

Meridian Health Services

574-254-0229
www.meridianhs.org
'Whole person' health services, including behavioral health

Michiana Sober – Alcoholics

Anonymous

574-234-7007

www.michianasober.com

Informal, supportive society of recovering alcoholics

Mosaic Health & Healing

Arts

574-537-2680

www.mosaichha.org

Family medicine practice openly inclusive & welcoming to the LGBTQ community & their family & friends

National Alliance on Mentally Illness SJC

574-259-3564

www.nami.org

Support & education for people affected by mental illness

Oaklawn

574-283-1234

www.oaklawn.org

Counseling, mental health, & addiction services for children, youth & adults. Ability to receive services not impacted by ability to pay

Planned Parenthood Mishawaka Health Center

574-255-9555

www.plannedparenthood.org

Birth control and STD testing

Seasons Counseling Center

574-277-0274

www.seasons-counseling.org

Sliding fee counseling for adults & children

SJC Cares

574-202-2754

www.sjccares.org

Consortium for individuals & organizations invested in youth mental health & well-being in St. Joe County.

SJC Cares Cross System Review

Panel: Free opportunity to sit down with panel of local service providers to brainstorm helpful resources for one's family

SJC Cares Parent Cafes: Free opportunity to engage with other parents for support & open discussions about the challenges & triumphs of raising young people

St. Joseph County Health Dept.

574-235-9750

<https://www.sjcindiana.com/302/Health-Department>

Public health resource with information on health ed., food services, vital records, etc.

Suicide Prevention Center of United Health Services

574-247-6047

www.uhs-in.org

Suicide prevention & grief support for those who have lost someone to suicide.

Transition to Independence Program (Oaklawn)

574-283-1234

www.oaklawn.org

Assists young people ages 14-29 with emotional-behavioral challenges reach their full potential

United Way of SJC

574-232-8201

www.uwsjc.org

Organization dedicated to ensuring all residents have access to education, income, and health.

2-1-1 Call Line: Links callers with needed services such as counseling, food, clothing, after school programs, legal and financial assistance, and more.

2-1-1 Prescription Program provides discount prescription cards for those without Rx insurance

Youth Service Bureau Drop-In Center

574-235-9231

www.ybsbjc.org

Free crisis intervention, case management, skill-building classes, transportation & food in a safe & healthy environment for at risk youth.

Youth Service Bureau Safe Station Shelter

574-235-9396

www.ybsbjc.org

Temporary emergency shelter serving St. Joe County youth ages 12-18.

Hotlines /Websites

BeWell Indiana.org: on-line resource to help manage mental health throughout the Covid-19 crisis and beyond

Suicide Prevention: 1-800-273-TALK (8255)

Crisis Text Line: Text HOME to 741741

TrevorLifeline:

Crisis support for LGBTQ Youth: **1-866-488-7386**

Sexual Assault/ Domestic Violence Crisis: 574-289-HELP (4357)

Child Abuse & Neglect: 1-800-800-5566

LookUp Indiana:

www.lookupin.org; Statewide data base of mental providers with county-specific information. On website, select 'Find Help', then enter zip code, select St. Joseph County, enter.